



Upper Valley Disposal & Recycling



Happy Holidays! Upper Valley Disposal and Recycling wishes you and your family a safe, fun, and sustainable Holiday Season.

Composting is Even More Important During the Holidays

Did you know that Americans waste 30-40% of all food each year? It increases by 25% during the holiday season, peaking on Thanksgiving and Christmas. With the new state composting law SB 1383, it is vital that we reduce our food waste this holiday season, and ensure to compost any scraps leftover.

Most food waste ends up in the landfill. As waste breaks down, greenhouse gases like methane are released into the atmosphere and trap the sun's heat which harms the environment and leads to climate change. Food waste is the number three contributor to climate change in California. More than 7 million tons of food are disposed in California landfills every year. Can you believe it? Composting your food waste significantly reduces methane emissions and returns nutrients back into the soil.

So, what can you do? The best thing you can do is to purchase less food this year. It is better to finish all your food than to have too many leftovers. Always check with your neighbors to see if they'd like some of your leftovers; you never know who may need some more food during this time of year. Donating food to those who need it is one of the best things you can do during the holidays!

Sometimes our eyes are too big for our stomachs, and we still have some leftover food. This is why composting is so important!



USE WHAT YOU HAVE



Listen to Santa!



Here are a few easy ways you can properly compost your Christmas Tree:



- Cut your tree into pieces no larger than 3 feet long and put them in your green compost cart (no flocked trees). Please make sure your carts aren't overflowing.
- Bring your tree to Clover Flat Resource Recovery Park on Silverado Trail for free until January 21st (does not include flocked trees).
- Unfortunately, the Calistoga Boy Scouts (Troop 18) is disbanding in December of this year. We thank Dan Herndon and all of the scouts over the years who have helped collect trees during the holiday season.
- Live in St. Helena? Support the Boy Scouts! Troop 1 is asking for a \$10 donation for their tree pickup on January 7th in St. Helena.
 - Tree tags for this event can be purchased at Steve's Hardware, Central Valley Garden Center and Sunshine Foods. Contact Ann Sorenson for more information at (707) 963-7465. Thank you for doing your part!



Compost your tree
or you'll be on the
naughty list next
year!



**Hazardous Waste Disposal and Free Compost Event
in St. Helena Coming up next year on May 6th!**

Holiday Waste Tips

There are many ways to reduce waste this holiday season. See some examples below:

- PLAIN wrapping paper that isn't shiny or plastic-lined and doesn't have texture or glitter can be recycled in the blue cart
- Gift bags and cardboard boxes can be reused or recycled
- Plain, white tissue paper can be composted. All other types must be landfilled.
- Old clothes can be donated
- Broken Christmas lights can be picked up as E-Waste in your bulky item collection or be brought to Clover Flat Landfill for free
- Christmas trees can be composted and properly handled in many ways (see the "Listen to Santa!" segment)
- Rigid plastics can be recycled in your blue cart
- More questions? Email info@uvds.com!



Holiday Schedule

**Saturday
12/24 & 12/31**

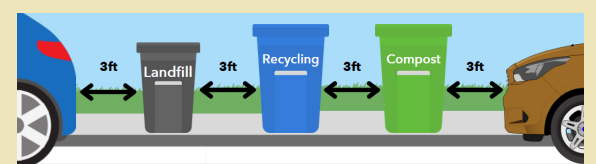
Corporate Office
and
Phone lines will be
closed.
Clover Flat Landfill
will be open from
8am-12pm.
No disruptions in
collection services.

**Sunday
12/25 & 1/1**

Corporate Office
and
Phone lines will be
closed.
Clover Flat Landfill
will be closed.

Service Reminders

Please leave 3 FEET between carts and vehicles. Cart lids must fully close.



Do you think you'll have more garbage or recyclables than will fit in your cart?

Let us know in advance! We can schedule an extra pickup for you so that waste doesn't sit around. Call us at (707) 963-7988.