



**INCLUDE
THE
FOOD!**

**All Food
Food Soiled Paper
Yard Waste**



Why does adding food, food soiled paper and yard waste to my green compost cart matter?

The average up valley resident generates 4.5 pounds of trash per day. Of that 4.5 pounds, approximately one third is compostable organic material.

If all UVD&R household customers composted, that would mean 548 pounds of organic material per person annually were no longer wasted in landfills. That would be about 11,000 TONS per year in total!

When organic materials end up in landfills, they generate methane, a powerful greenhouse gas. UVD&R's compost facility instead turns this valuable material into organic compost. When compost is used in landscape and agriculture it builds soil nutrients, conserves water, and reduces the need for fertilizers.

Why can't I use my garbage disposal for food scraps?

Garbage disposals aren't meant to handle large quantities of food. Sending food into the sewer requires additional water to flush the food down your drain. Conserve water by collecting your food scraps for composting. By doing this, not only do we protect the environment, but we also capture personal cost savings from less water use and community savings from less wastewater treatment costs. Soiled paper, bones, seafood shells, and fruit pits, as well as fats, solidified oils, and grease (FOG) should never be put down the drain, but can definitely be composted. FOG can cause sewer blockages leading to spills and overflows, which are harmful to the environment and public health.

Compost Cart Care

- Using a compostable bag or a newspaper liner in your kitchen container will help keep food scraps from touching the inside of your green compost cart.
- Layer food scraps in between yard debris to reduce odors and to contain messier foods.
- Sprinkle baking soda in your compost cart to reduce odors and deter insects.
- If needed, use mild soap and water to clean your green cart. Pour dirty water onto grass or gravel, not down the storm drain.
 - Store your cart in the shade in hot weather.

Compost Pail & Liners

All residential UVD&R customers are eligible to receive a free SureClose compost pail and one set of sample compostable bags. The pails will be delivered to most homes in summer 2021 and pick up options will be available as well. You can also utilize a can, bucket or any other container that suits your needs and space.

If you choose to line your kitchen pail with compostable bags, they must meet Biodegradable Products Institute (BPI) standards and show this symbol.



Visit www.UVDS.com for locations to purchase compostable bags.

You can also line your pail with newspaper or paper towels, which help keep your pail clean, and reduce odors. Instead of using a liner, you can rinse your pail after emptying it which will also help keep the "ick factor" at bay!

It's Easy!

1

Collect food scraps while preparing meals, scraping plates and cleaning spoiled food out the refrigerator. Include paper towels, napkins, paper coffee filters and coffee grounds. It all adds up!

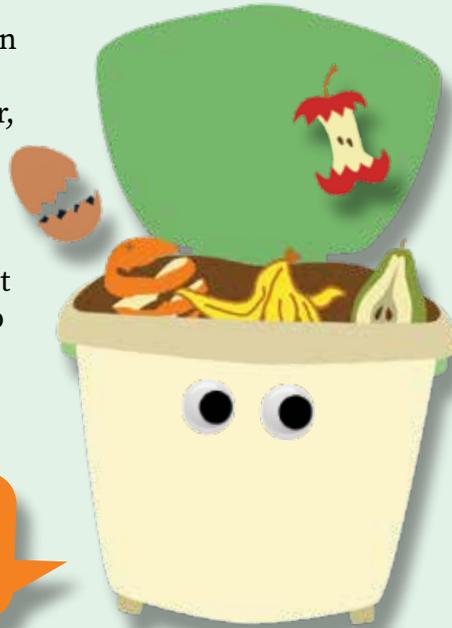
2

Empty your kitchen compost pail, including any liner, into your green compost cart.

3

Place your cart out for weekly pickup on your regular collection day.

Food scraps are not garbage!



If you're a backyard composter already – great! This curbside program allows you to compost meat, dairy, and food soiled paper products that aren't recommended for backyard bins.

Please remember that clean, unsoiled paper such as newspaper, cardboard and brown bags belong in your blue recycling cart!



What Can I Compost - Lots of Items!

All Food

- All prepared, cooked & spoiled foods
- Bread
- Coffee grounds
- Dairy products & cheese
- Eggs & eggshells
- Fruits & vegetables
- Meat & poultry, including bones
- Rice, beans, grains & pasta
- Seafood & shellfish

Food-Soiled Paper

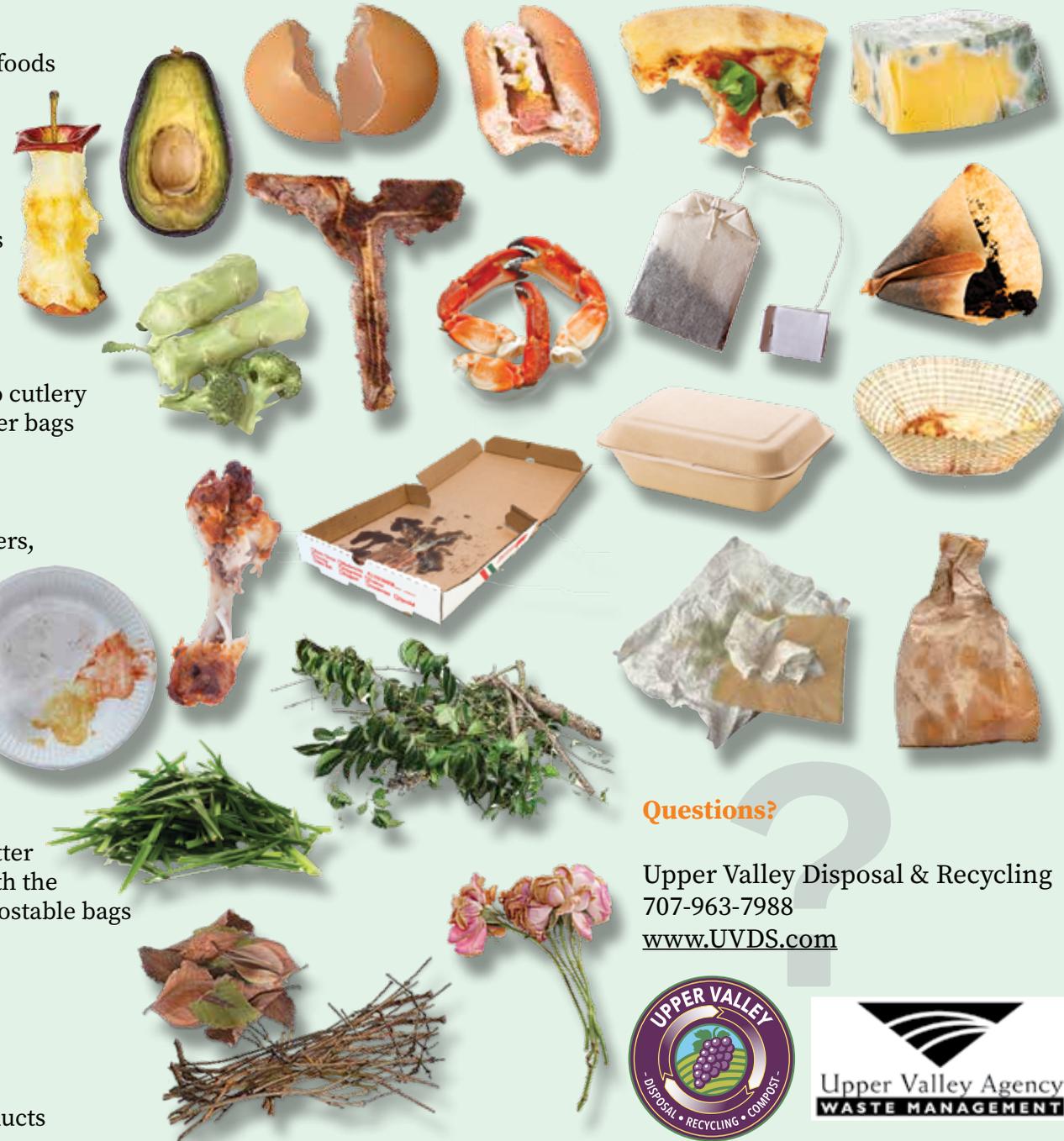
- Bamboo paper plates & bamboo cutlery
- Food-stained pizza boxes & paper bags
- Paper coffee filters
- Paper towels, napkins & tissues
- Tea bags
- Unlined paper take-out containers, unlined paper plates

Yardwaste / Other Organics

- Branches & stems
- Flowers & floral trimmings
- Leaves & grass
- Natural cork

Not Accepted

- Cat, dog & human feces, kitty litter
- Compostable or PLA plastic, with the exception of BPI certified compostable bags
- Foam or polystyrene
- Hazardous waste
- Liquids
- Plastic bags
- Waxed cardboard & wax paper
- Treated or painted wood
- Wipes, diapers & feminine products



Questions?

Upper Valley Disposal & Recycling
707-963-7988
www.UVDS.com

